



**CHA REGION 1 Conference**  
**WARM BEACH**  
**February 29 - March 3, 2024**



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ALASKA, ALBERTA, BRITISH COLUMBIA, IDAHO, MONTANA, OREGON, WASHINGTON



# Region 1 Conference

*hosted at*

**Warm Beach Camp—Stanwood, WA**

***February 29—March 3, 2024***

**Welcome to the Region 1 Conference!**

We, your Region I Triad, Debbie Holmes, Rowanne Fairchild and Phil Peterson, would like to formally welcome you to our Certified Horsemanship Association 34th Annual Region 1 Conference! As Regional Directors our greatest duty is to be positive ambassadors of CHA wherever we go, that means serving you, our members. We have spent a lot of quality time on the phone and computer dedicated to planning and organizing this annual conference. Our region includes Oregon, Washington, Idaho, Montana, British Columbia, Alberta and Alaska. We are excited to have each one of you here! Please enjoy it for what it is, a gathering of horse professionals who just want to be better instructors and horsemen. Hope you packed your desire to grow and learn, sense of humor and open mind. :)

### ***The Schedule:***

The schedule boasts many professional development opportunities led by outstanding presenters from across our great Region. Whether this is your 34th Regionals or your very first, this will be a conference that you will likely never forget. Please be sure to review the schedule carefully as soon as possible and think about the presentations you would like to attend throughout the conference.

### ***Riding in Sessions***

Space in riding lessons is limited. Those attending the entire conference get first priority. Those attending for the day are not promised they can ride. You must take part in the **riding evaluations on Thursday 3:30-5:30**, if you are not a current CHA instructor or if you want to challenge your riding level of one level above your current CHA certification. You must sign up on Thursday to ride in the sessions. If there are open slots in the classes, those will be announced at breakfast each day. The RIDING levels will be posted on the signup sheets. There will be classes available for all levels of riders. Please turn in your class preference sheet at dinner Thursday night. We will do our best to give everyone a fair chance of riding in their most desired class, while maintaining safety and fairness. Any questions on this should be directed to **Rowanne Fairchild**. All riders will be wearing an ASTM/SEI helmet within 5 years of manufacture date. Bring your own or wear one of Warm Beach's.

### ***Need Something or Have a Question?***

If you have any specific questions or needs throughout the conference, they may be directed to the following people:

<b>Debbie Holmes -Lead Region 1</b> , Networking Therapeutic Chair	<b>Rowanne Fairchild—</b> Networking, Session Riding
<b>Phil Peterson—</b> Conference Schedule, Budget	<b>Lisa Tremain-</b> Riding Evaluations; Horses
<b>Lisa Peterson, Sherilyn Sander-</b> Silent Auction	<b>Holly Haeger -</b> Region 1 Awards

State and Provincial Representatives to connect with, each can be emailed through [charegion1.com](http://charegion1.com):

<b>Caleb Hein-</b>	<b>Alaska</b>	<b>Trisha Keifer-Reed -</b>	<b>Montana</b>
<b>Amy Fredrick-</b>	<b>Alberta</b>	<b>Sherilyn Sander -</b>	<b>Oregon</b>
<b>Natalie Barre -</b>	<b>British Columbia</b>	<b>Cynthia MacFarlan-</b>	<b>Washington</b>
<b>Holly Haeger-</b>	<b>Idaho</b>		

### **Accommodations**

Need a cabin heater tutorial? Ran out of soap, or toilet paper? Forgot bedding?

**Camp Host Shaina Cochrane for camp related questions [scochrane@warmbeach.com](mailto:scochrane@warmbeach.com) **360 652 7575 Press 3****

## **A Special Thanks:**

A big thank you to *Warm Beach staff and volunteers* for all their hard work, time and effort that it takes to host a professional horsemanship conference of this magnitude. You have servant's hearts and a great willingness to put on a quality conference that benefits many! What a pleasure to plan with you. Thank you for making this conference experience available to our Region 1 members!

This conference would not be possible without the generous presenters who so graciously share their time and knowledge. Everyone involved has worked an immeasurable number of hours preparing to welcome you to their session and to make this conference the best yet!

We would love to assist you in your pursuit to be part of CHA. If you are interested in getting certified, or becoming a state or provincial representative, or even a Region 1 Director, please contact us during this conference or by phone or e-mail after the conference. We would love to share the duties and benefits, personally.

Thank you again for attending Regionals 2024!

**Debbie Holmes** CHA Region 1 Director - LEAD (530) 515-2610

[debbie.holmes@charter.net](mailto:debbie.holmes@charter.net)

**Rowanne Fairchild** CHA Region 1 Director - Trainee (360) 451-3504

[rowannefairchild@gmail.com](mailto:rowannefairchild@gmail.com)

**Phil Peterson** CHA Region 1 Director - Trainer (509) 998-0453

[pnlpeterson@gmail.com](mailto:pnlpeterson@gmail.com)

## **Hello from our Executive Director:**

Region 1 Conference Attendees,

Welcome to the 2024 CHA Region One Conference at Warm Beach Camp & Conference Center. We are truly blessed to be hosted by such a beautiful facility. This year's conference presenters are leaders in the industry and have a deep desire to share their knowledge with each of us. The sessions will offer a wide variety of seminars and mounted lessons that will challenge each of us to expand and improve our horsemanship skills and knowledge. A special thank you to each presenter for your willingness to share your time and talent.

A big thank you also to the Warm Beach staff who have opened their "home" to us. As you enjoy the conference this weekend, please be sure to give a thumbs up to each one that you come in contact with. And finally, thank you to each of you attending who took the time out of your busy lives to share the passion and purpose of CHA "Changing lives through safe experiences with Horses!"

Tammi Gainer

CHA Executive Director [tgainer@cha.horse](mailto:tgainer@cha.horse)

Website: [www.CHA.horse](http://www.CHA.horse)

Follow us on Facebook - <http://www.facebook.com/CHAInstructors>

Follow us on Twitter - <http://twitter.com/CHAInstructors>

Follow us on YouTube - <http://www.youtube.com/CHAInstructor>

### **Why CHA?**

*CHA equine professionals change lives through safe experiences with horses!*



## **A Message from our Board President**

Welcome to the 2024 Certified Horsemanship Association Region 1 Conference at Warm Beach Camp in Stanwood, WA. The resources that are offered to you as an equestrian and professional in the industry are unlike any other. Whether you are a first time attendee, or a veteran member, thank you for taking advantage of the opportunities provided to you for continuing education, fellowship and resources tailored to fit your program and individual needs.

As the current CHA President, I thank each of you for your contributions, vision, integrity, and time attending and producing this conference. As an industry leader, our organization strives to meet goals and promote excellence in safety and education to benefit the horse industry. Region 1 continues to move forward, together with determination and turn dreams into reality, changing lives through safe experiences with horses.

Enjoy the conference, as CHA Region 1 provides information to carry you through your goals. Thank you for being an active participant.

Regards,

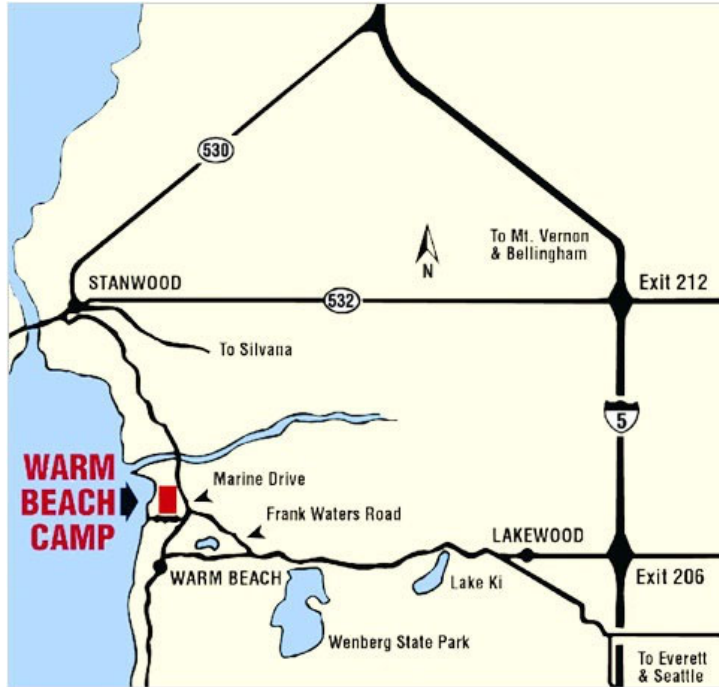
Kristin Jaworski, CHA President

[KristinJaworski@fortworth.com](mailto:KristinJaworski@fortworth.com)





# DIRECTIONS TO WARM BEACH CAMP

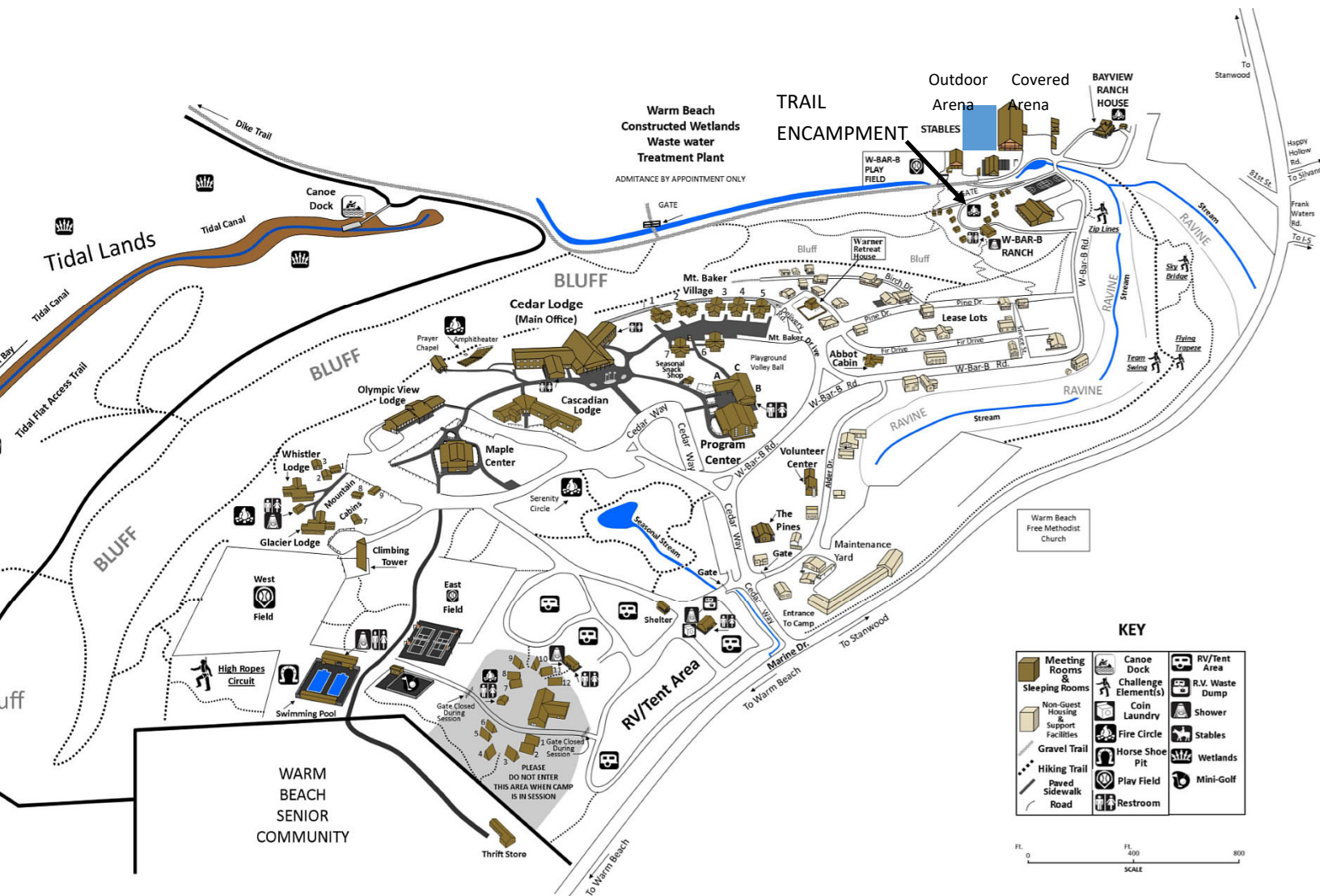


## From Points North (Mt Vernon, Bellingham)

1. Going South on I-5 take exit 212 (Stanwood/Camano Island).
2. Turn right onto Hwy 532 and travel approximately 5 1/4 miles west to Stanwood.
3. Turn left at the 4rd light onto 88th Ave NW and go 1/4 mile to stop sign.
4. Turn right onto Marine Drive and travel South for approximately 4 miles to Camp entrance on the right.

## From Points South (Marysville, Everett)

1. Going North on I-5 take exit 206 (172nd St NE).
2. Turn left onto 172nd St NE, cross over freeway and proceed approximately 2 1/4 miles to the stop sign.
3. Turn right onto Hwy 531 (Lakewood Road) and travel approximately 6 miles to the stop sign at Marine Drive.
4. Turn right onto Marine Drive and go approximately 1 1/4 miles to Camp entrance on the left.





# Region 1 Conference Schedule 2024

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*This schedule may change if needed.*

## THURSDAY

### Warm Beach Camp

<b>3:00 PM</b>	<b>Registration - Rowanne Fairchild and State and Provincial Representatives</b>	Cedar Lodge Chapel
<b>3:30 - 5:30</b>	<b>Riding Evaluations - Lisa Tremain &amp; Debbie Holmes</b>	Covered Arena
	<b>Silent Auction items turned in to Lisa Peterson &amp; Sherilyn Sander</b>	Cedar Lodge Chapel
	<b>Store &amp; Espresso bar Open</b>	Cedar Lodge
	<b>Roping practice</b>	Trail Encampment
<b>6:00</b>	<b>Dinner and Networking - Phil Peterson</b>	Cedar Lodge Dining Room
<b>7:00</b>	<b>Region 1 Meeting -Debbie Holmes, Rowanne Fairchild, Phil Peterson</b>	Cedar Lodge Chapel
	<i>Dessert Social, Coffee and Fellowship</i>	<i>Cedar Lodge Dining Room</i>

## FRIDAY

<b>6:45</b>	<b>Stretching with Cindy</b>	Cedar Lodge Chapel
<b>7:00</b>	<b>Espresso Bar Open</b>	Cedar Lodge
<b>8:00</b>	<b>Breakfast and Announcements - Debbie</b>	Cedar Lodge Dining Room
<b>9:00</b>	<b>Trust Building Under Saddle</b>	<b>Angela Green-shields</b> <b>Covered Arena</b>
	<b>Different types of reins/reining</b>	<b>Ren Bannerman</b> <b>Outdoor Arena</b>
	<b>Barn Tour</b>	<b>Lisa Tremain</b> <b>Stable</b>
	<b>Educated Eye: Theory &amp; Biomechanics I</b>	<b>Holly Haeger</b> <b>W-B Barn</b>
	<b>Packing 101 types of saddles, throwing hitches</b>	<b>Casey Hufstader &amp; Thain Irwin</b> <b>Trail camp</b>
<b>10:30</b>	<b>Breathing in Stride</b>	<b>Marnie Eddington</b> <b>Covered Arena</b>
	<b>Pre Ride Check list/after you swing a leg over check list</b>	<b>Greg Gill</b> <b>Outdoor Arena</b>
	<b>Accupuncture</b>	<b>Dr Viveka Rannala</b> <b>Stable</b>
	<b>Intro to CHA and Clinic Process</b>	<b>Debbie Holmes</b> <b>W-B Barn</b>
<b>12:00</b>	<b>Lunch - Rowanne</b>	<b>W-B Barn</b>
<b>1:00</b>	<b>How Correct Position &amp; Aids Influence the Horse</b>	<b>Cindy Waslewsky</b> <b>Covered Arena</b>
	<b>Jumping Exercises</b>	<b>Lisa Tremain</b> <b>Outdoor Arena</b>
	<b>Dental Maintenance</b>	<b>Dr. Clare Tungseth</b> <b>Stable</b>
	<b>Emergency Procedures</b>	<b>Rowanne Fairchild</b> <b>Trail camp</b>
<b>2:30</b>	<b>Adaptive Vaulting</b>	<b>Shelby James</b> <b>Covered Arena</b>
	<b>Simplifying Lead Changes</b>	<b>Sherilyn Sander</b> <b>Outdoor Arena</b>
	<b>Equine Metabolic Disease &amp; Cushings</b>	<b>Dr. Julie Habighorst</b> <b>Stable</b>
	<b>Building a Conditioning Program</b>	<b>Meg Rudy</b> <b>W-B Barn</b>
<b>4:00</b>	<b>Better Horses and Riders through Transitions</b>	<b>Holly Haeger</b> <b>Covered Arena</b>
	<b>Dressage: Training Level</b>	<b>Tiata Burns</b> <b>Outdoor Arena</b>
	<b>Basic Equine First Aid</b>	<b>Amy Frederick</b> <b>Stable</b>
	<b>Starting an Adaptive Riding Program</b>	<b>Cynthia MacFarlan</b> <b>W-B Barn</b>
	<b>Packing 102 - Packing Manties and panniers</b>	<b>Casey Hufstader &amp; Thain Irwin</b> <b>Trail Camp</b>
<b>6:00</b>	<b>Dinner - Phil</b>	Cedar Lodge Dining Room
<b>7:00</b>	<b>Awards and Recognitions</b>	Cedar Lodge Chapel

**SATURDAY**

6:45 Stretching with Cindy

Cedar Lodge Chapel

**7:00**

Espresso Bar Open

Cedar Lodge

**8:00***Breakfast and Announcements - Debbie*

Cedar Lodge Dining Room

**9:00**

How to prep for CHA Clinic L1 &amp; L2

Phil Peterson - Ty Fredrick

Covered Arena

Using Games as a Teaching Aid

Teresa Carosella - Kathy Reimer

Outdoor Arena

Knot Tying

Tom Kays

Trail camp

Site Support for Certification

Amy Frederick

W-B Barn

**10:30**

How to prep for CHA Clinic L3 &amp; L4

Phil Peterson - Ty Fredrick

Covered Arena

Keeping Lesson Horses Engaged &amp; Working through Bad Habits

Jennifer Mayberry

Outdoor Arena

Saddle Fit: Horse &amp; Rider

Aly Arnold

Stable

Running a Horse Ministry

Lisa Tremain

W-B Barn

**12:00***Lunch - Rowanne*

W-B Barn

**1:00**

Developing Lateral Movements

Michal Kays

Covered Arena

Jumping a Course

Lisa Tremain

Outdoor Arena

Bits &amp; Biting

Ren Bannerman

Stable

How to Run a Lesson Program for Camp

Rowanne Fairchild

W-B Barn

**2:30**

Dressage: Level 3-4

Tiata Burns

Covered Arena

Mindset to Making the Maneuver, the Release

Ty Fredrick

Outdoor Arena

Trailer Safety

Phil Peterson

Stable

A farriers approach to a pre purchase exam

Greg Gill

W-B Barn

Packing 103 - Packing food - Setting up camp

Casey Hufstader &amp; Thain Irwin

Trail camp

**4:00**

Teaching Lead Changes

Ren Bannerman

Covered Arena

Educated Eye: Theory &amp; Biomechanics II

Holly Haeger

Outdoor Arena

Surviving Laminitis

Teddy Franke

Stable

Centered Riding

Jeff Martin

W-B Barn

**6:00****Dinner—Phil**

Cedar Lodge

**7:00****Keynote Address**

Tammi Gainer —CHA Executive Director

Cedar Lodge Chapel

**SUNDAY**

6:45 Stretching with Cindy

Cedar Lodge Chapel

**7:00**

Espresso Bar Open

Cedar Lodge

**8:00***Breakfast and Announcements - Debbie*

Cedar Lodge Dining Room

**8:30***Cowboy Church (Optional)*

Ty Fredrick

Covered Arena

**9:30**

Starting a Driving Horse

Teddy Franke

Covered Arena

Group Games for your back pocket

Greg Gill

Outdoor Arena

Prepping for EFM certification

Phil Peterson

W-B Barn

10 things for starting a Training business

Scott Depaolo

Stable

Packing 202 - Packing non-uniform loads

Casey Hufstader and Thain Irwin

Trail camp

**11:00**

Long Lining for Top Line Building

Aly Arnold

Covered Arena

Reinforcing Riding Skills through Drill

Amy Fredrick

Outdoor Arena

Building a training program for a young horse

Scott Depaolo

Stable

Incorporating Pony Club in your program

Meg Rudy

W-B Barn

**12:30***LUNCH- Rowanne*

Farewell

Cedar Lodge Dining Room



# Region 1 EXPANDED Conference Schedule 2024

*This schedule may change if needed.*

Scan for online version



**THURSDAY**

## Warm Beach Camp Feb.29-March 3

<b>3:00 PM</b>	<b>Registration - Rowanne Fairchild and State and Provincial Representatives</b> <b>CHECK in and sign up for riding workshops or head to the arena for level assessment</b>	Cedar Lodge Lobby
<b>3:30 - 5:30</b>	<b>Riding Evaluations - Lisa Tremain &amp; Debbie Holmes</b> <span style="float: right;"><b>SEE MAP</b></span> <b>Silent Auction items turned in to Lisa Peterson &amp; Sherilyn Sander</b>  <b>Store &amp; Espresso bar Open</b>  <b>Roping practice &amp; Camp set up</b>	Covered Arena  Cedar Lodge Chapel  Cedar Lodge  Trail Encampment
<b>6:00</b>	<b><i>Dinner and Networking - Phil Peterson</i></b>	<b><i>Get food in the dining room and then head to&gt;</i></b> Cedar Lodge Chapel
<b>7:00</b>	<b>Region 1 Meeting -Debbie Holmes, Rowanne Fairchild, Phil Peterson</b>  <b>UPDATES OM THE STATE OF REGION 1—Financial Report and introductions of the Region 1 Leadership team</b>	Cedar Lodge Chapel
	<b><i>Dessert Social, Coffee and Fellowship</i></b>	<b><i>Cedar Lodge Dining Room</i></b>
	<b><i>Join us for an informal time to visit with friends old and new!</i></b>	



# Region 1 EXPANDED Conference Schedule 2024

## FRIDAY

**6:45 Stretching with Cindy—Get ready for the day with morning exercises and stretching**

Cedar Lodge Chapel

**7:00 Espresso Bar Open**

Cedar Lodge

**8:00 Breakfast and Announcements - Debbie**

Cedar Lodge Dining Room

**9:00 Trust Building Under Saddle—**Building trustworthy partnerships stems from creating consistency in riders and continuing to present teams with novel challenges. We will work with small pedestals to gain a better understanding of how to help horses and riders break down challenges into manageable pieces, create curiosity, and build more trusting partnerships

**Angela Greenshields**

**Covered Arena**

**Different types of reins/reining -**How to use the reins English and western at lower levels, 5 rein aids and how to use them to to retian our horses training.

**Ren Bannerman**

**Outdoor Arena**

**Barn Tour—**Lisa will give you a walk through on how the Warm Beach Horsemanship facilities function.

**Lisa Tremain**

**Stable**

**Educated Eye: Theory & Biomechanics I—**This lecture and activity session will focus on the biomechanics of riders, how this effects the biomechanics of the horse and what role tack can play in helping or hindering the progress of both horse and rider. Special attention will be given to unmounted and mounted exercises and instructional techniques to help common rider issues.

**Holly Haeger**

**W-B Barn**

**Packing 101 types of saddles, throwing hitches—** Learn the basics of packing and hitches at this informative workshop.

**Casey Hufstader & Thain Irwin**

**Trail camp**

**10:30 Breathing in Stride -**Learn together how to breathe in rhythm with your horses strides. See firsthand the difference breathing in stride can make in you and your horse.

**Marnie Eddington**

**Covered Arena**

**Pre Ride Check list/after you swing a leg over check list**  
- If you've ever bought a new horse and been worried about that first ride, then here are some "pre ride" ground work ideas as well as some moves and safety measures that might help that ride go well.

**Greg Gill**

**Outdoor Arena**

**Acupuncture—**n this class you will explore the application of Acupuncture. Used to treat horses (and humans) for thousands of years, acupuncture addresses conditions such as musculoskeletal problems, neurological disorders, gastrointestinal disorders, and other chronic conditions.

**Dr Viveka Rannala**

**Stable**

**Intro to CHA and Clinic Process—**Are you curious about the certification process? Do you need an explanation of the levels? Need tips about what to do to get prepared? Join us and learn about the process and how to be your best in certification!! Then practice your skills at the "Prep for CHA Certification" session

**Debbie Holmes**

**W-B Barn**





**Region 1 EXPANDED  
Conference Schedule 2024**

**FRIDAY 12:00**

**Lunch - Rowanne**

W-B Barn

<b>1:00</b>	<p><b>How Correct Position &amp; Aids Influence the Horse</b>—This session will work on English or Western. Riders posting</p> <p><b>Jumping Exercises</b>—English, Levels 3&amp;4; Jumping exercises to improve transitions and accuracy</p> <p><b>Dental Maintenance</b>—Learn about the significant value of routine equine dental care and how it impacts your horse’s overall health and performance. If you are a horse owner, rider, trainer, or instructor, this class is for you!#</p> <p><b>Emergency Procedures</b>—This session focuses on safety and emergency procedures in an equine facility setting. We will discuss preventative actions, appropriate training and responses, and restorative work. You will leave with insights on how to write manuals and train staff.</p>	<p><b>Cindy Waslewsky</b></p> <p><b>Lisa Tremain</b></p> <p><b>Dr. Clare Tungseth</b></p> <p><b>Rowanne Fairchild</b></p>	<p><b>Covered Arena</b></p> <p><b>Outdoor Arena</b></p> <p><b>Stable</b></p> <p><b>Trail camp</b></p>
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<b>2:30</b>	<p><b>Adaptive Vaulting</b>—Learn how body awareness and intentional coaching techniques can translate from an adaptive vaulting framework to any equestrian activity. The class will cover assessing basic movement patterns in the rider, tools for correcting incorrect patterns, and tips for conveying information to a student that will help them learn most efficiently.</p> <p><b>Simplifying Lead Changes</b>—This session will work on preparing our horses to execute smooth, balanced and quiet simple changes.</p> <p><b>Equine Metabolic Disease &amp; Cushings</b>—This class will inform you on Equine Metabolic Disease and Cushing’s as well as their risk factors such as weight management and noting high risk breeds. Learn to prevent these diseases and catch signs early!</p> <p><b>Building a Conditioning Program</b>—This class is open to all levels; however, geared toward those with performance goals or running a program with high volume lessons/rides. The class will cover goal oriented horse and rider fitness and nutrition planning through proper conditioning.</p>	<p><b>Shelby James</b></p> <p><b>Sherilyn Sander</b></p> <p><b>Dr. Julie Habighorst</b></p> <p><b>Meg Rudy</b></p>	<p><b>Covered Arena</b></p> <p><b>Outdoor Arena</b></p> <p><b>Stable</b></p> <p><b>W-B Barn</b></p>
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<b>4:00</b>	<p><b>Better Horses and Riders through Transitions</b>—Whether it’s transitions between gaits or within the gaits, transitions are the ideal way to build better horses and better riders. Learn instructional and rider tools and techniques to improve your horse’s way of going and your ability to get the best out of your horse and move up the levels of progression regardless of discipline or seat.</p> <p><b>Dressage: Training Level 2-4</b>—will learn dressage terminology (Also what does it mean when you talk about how many tracks your horse is on), Basic dressage figures and geometry, Dressage movement leg yield and shoulder in. Lengthening across the diagonal.</p> <p><b>Basic Equine First Aid</b>—come prepared to get hands on and we will build a sample Frist aid kid for your barn, talk about your facility and how that may change what you keep on hand, We will go over the basic normal vital signs as well.</p> <p><b>Starting an Adaptive Riding Program</b>—The nuts and bolts of starting a non-profit that helps people with physical, communicative or social challenges using a great four legged-therapist to improve the well-being and maximize their potential.</p> <p><b>Packing 102 - Packing Manties and panniers</b>—Using tarps and Slings to pull your load close to your pack animal.</p>	<p><b>Holly Haeger</b></p> <p><b>Tiata Burns</b></p> <p><b>Amy Frederick</b></p> <p><b>Cynthia MacFarlan</b></p> <p><b>Casey Hufstader &amp; Thain Irwin</b></p>	<p><b>MC</b></p> <p><b>MO</b></p> <p><b>Stable</b></p> <p><b>W-B Barn</b></p> <p><b>Trail Camp</b></p>
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<b>6:00</b>	<b>Dinner - Phil</b>		Cedar Lodge Dining Room
<b>7:00</b>	<b>Awards and Recognitions</b>		Cedar Lodge Chapel

**Region 1 EXPANDED  
Conference Schedule 2024**

**SATURDAY**

**6:45 Stretching with Cindy** Cedar Lodge Chapel

**7:00 Espresso Bar Open** Cedar Lodge

**8:00 Breakfast and Announcements - Debbie** Cedar Lodge Dining Room

**9:00 How to prep for CHA Clinic L1 & L2**—Experience a sample of how the EWI certification is run with practice teaching and evaluations. You will be expected to teach a level 1 or 2 lesson. **Phil Peterson - Ty Fredrick Covered Arena**

**Using Games as a Teaching Aid**—This session will focus on many ideas and tools that instructors can use to help their students progress in riding skills development such as balance, coordination, refining natural aids, multi-tasking and increased awareness. Creative teaching aids can be affordably sourced or made, and promise to keep your riding lessons fresh, interesting, and fun. Ideal for beginner to intermediate riders, but adaptable to all levels. **Teresa Carosella - Kathy Reimer Outdoor Arena**

**Knot Tying**—the art of tying knots can be useful around the barn or at camp, learn basic technique to choosing the right one for the job. **Tom Kays Trail camp**

**Site Support for Certification**—learn how we prepare our site for a successful certification, from hiring clinic staff to horse usage and suitability, chatting with participants to make sure they understand the process. Hosting does not have to be stressful come learn from a site that hosts multiple clinics a year what some of our tricks are and how we have used our feedback from past clinics to grow. **Amy Frederick W-B Barn**

**10:30 How to prep for CHA Clinic L3 & L4** - Experience a sample of how the EWI certification is run with practice teaching and evaluations. You will be expected to teach a level 3 or 4 lesson. **Phil Peterson - Ty Fredrick Covered Arena**

**Keeping Lesson Horses Engaged & Working through Bad Habits**—School horses are the backbone of any lesson program. Routine and repetitiveness can sometimes create negative habits and sour horses. We will work through scenarios to help your students and horses address issues as well as how to create engaging learning environments for both horse and student. **Jennifer Mayberry Outdoor Arena**

**Saddle Fit: Horse & Rider**—Looking at overall fit of English Saddles. Fitting to the best of your ability on a budget. Looking at rider's leg and seat in proportion to saddle size to fit the rider. (not mounted) **Aly Arnold Stable**

**Running a Horse Ministry**—Discuss different ways to incorporate biblical elements into your horse program. This will be relevant for all, whether you are in a faith-based program or not. **Lisa Tremain W-B Barn**

**12:00 Lunch - Rowanne** W-B Barn

**Region 1 EXPANDED  
Conference Schedule 2024**

**SATURDAY**

**1:00**

**Developing Lateral Movements**—In this session we will look at the definitions of certain lateral movements, learn how to apply the correct aids to execute them, and explore a logical progression of learning one lateral movement to the next. These techniques are applicable to riders, instructors, and green horses.

**Michal Kays**

**Covered Arena**

**Jumping a Course**—Focus on maintaining rhythm and balance through a jump course.

**Lisa Tremain**

**Outdoor Arena**

**Bits & Biting**—Common bits used in a lesson program and those not to use. What bits to use at different levels. Bring your questions...

**Ren Bannerman**

**Stable**

**How to Run a Lesson Program for Camp**—We will explore various models of lesson programs and what backbone applications you can use regardless of facility design, mission statement, or riding discipline. Come prepared to dialogue about your own program experiences!

**Rowanne Fairchild**

**W-B Barn**

**2:30**

**Dressage: Level 3-4**—We will work on moving from shoulder in to hanches in. Learn volte with the ribbon exercise. Learn a technique to get your horse on the correct lead, and Walk pirouette, Also will use single loop at the canter.

**Tiata Burns**

**Covered Arena**

**Mindset to Making the Maneuver, the Release**—This class on making the maneuver the release using the triangle theory

**Ty Fredrick**

**Outdoor Arena**

**Trailer Safety**—Hands on and practical approach to making sure your trailer is ready to roll

**Phil Peterson**

**Stable**

**A farriers approach to a pre purchase exam**—Have you ever been to look at a new horse and wondered if those feet are actually any good? This class will give an idea of what a farrier might look for in a "good footed" horse as well as some common lameness and limb deformities.

**Greg Gill**

**W-B Barn**

**Packing 103 - Packing food - Setting up camp**—Packing and setting up the camp kitchen is essential

**Casey Hufstader & Thain Irwin**

**Trail camp**

**Region 1 EXPANDED  
Conference Schedule 2024**

**SATURDAY**

**4:00**

**Teaching Lead Changes**—How to teach lead changes to students and horses, both English and western. Interactive, Come with questions.

**Ren Bannerman**

**Covered Arena**

**Educated Eye: Theory & Biomechanics II**—we'll look at common rider issues in the saddle and work on different approaches to solving these issues through instruction, exercises in the saddle, schooling figures, etc... Higher level riders may be asked to represent a particular rider challenge so that we can examine different approaches for improvement.

**Holly Haeger**

**Outdoor Arena**

**Surviving Laminitis**—Laminitis, Founder, Lamanopathy, what are these all too common pathologies, and how do they work? More importantly how do we help our horses if we suspect they may be going through something like this? Any laminitic event is an emergency. This class will focus of giving you the tools to help your horse survive and recover. A timely application of support can make the difference between recovery and a permanently crippled horse.

**Teddy Franke**

**Stable**

**Centered Riding**—An introduction into Centered riding concepts. This classroom lesson involves participation, fun and active learning.

**Jeff Martin**

**W-B Barn**

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**6:00**

**Dinner - Phil**

**Keynote Address**

**7:00**

**Tammi Gainer**    **CHA Executive Director**

**Cedar Lodge Chapel**

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**Region 1 EXPANDED  
Conference Schedule 2024**

<b>SUNDAY</b>	<b>6:45 Stretching with Cindy</b>		Cedar Lodge Chapel
<b>7:00</b>	<b>Espresso Bar Open</b>		Cedar Lodge
<b>8:00</b>	<b>Breakfast and Announcements - Debbie</b>		Cedar Lodge Dining Room
<b>8:30</b>	<b>Cowboy Church (Optional)</b>	<b>Ty Fredrick</b>	<b>Covered Arena</b>

<b>9:30</b>	<b>Starting a Driving Horse</b> —Have you ever had any interest in using a horse in harness? Teddy will be sharing some thoughts and ideas about getting a horse prepared for harness work. Additionally, we will go over some groundwork exercises that would be useful for any horse regardless of whether or not you intend to drive them.	<b>Teddy Franke</b>	<b>Covered Arena</b>
	<b>Group Games for your back pocket</b> —Sometimes it seems like you can't ever have enough game time on horse-back to suit your riding students. Here are a few more good ones to keep in your back pocket. Come add your spin to these games so we can all learn together.	<b>Greg Gill</b>	<b>Outdoor Arena</b>
	<b>Prepping for EFM certification</b> —The Equine Facility Manager certification is for people in the horse industry that don't necessarily ride or teach, but manage the day to day operations. Find out more in this workshop.	<b>Phil Peterson</b>	<b>W-B Barn</b>
	<b>10 things for starting a Training business</b> —There are multiple reasons why a professional Horseman should consider training outside horses, but what are the basic business principles that a trainer needs to consider as they hang out their shingle and start training outside horses. Often times success comes from doing a few things well in the beginning. I look forward to seeing at the workshop.	<b>Scott Depaolo</b>	<b>Stable</b>
	<b>Packing 202 - Packing non-uniform loads</b> —Do you ever wonder how packers get all that gear into camp?	<b>Casey Hufstader and Thain Irwin</b>	<b>Trail camp</b>

<b>11:00</b>	<b>Long Lining for Top Line Building</b> —Working on fundamentals of how to safely and effectively longline a horse to help build topline and self-carriage along with helping train horse/rider to better bridle/hand aids (geared to any discipline)	<b>Aly Arnold</b>	<b>Covered Arena</b>
	<b>Reinforcing Riding Skills through Drill</b> —Drill is great way to keep riders of all ages engaged. In this session we will cover the stop the start the steer as well as introduction of the bend for our higher level riders. This is great way to introduce pace, bend, seat development and push riders to the next level. We will cover basic movements safety well riding close together.	<b>Amy Fredrick—Laura-Megan Ippolito</b>	<b>Outdoor Arena</b>
	<b>Building a training program for a young horse</b> —Whether you're working with weanlings, starting a two year old or putting the first few rides on an older horse without a plan a program can't succeed. What's your the plan! This workshop will discuss what you should plan on exposing your training horse to in the first 30, 60, and 90 days of your training program, as well as what some of the bench marks look like as you are progressing. I look forward to seeing you at the workshop!	<b>Scott Depaolo</b>	<b>Stable</b>
	<b>Incorporating Pony Club in your program</b> —An overview of Pony Club and how it compliments and works harmoniously with CHA. Discussion on the fundamental values of both programs and the symbioses of their standards. Geared to instructors level 2 English/Western and above, as well as program managers and owners.	<b>Meg Rudy</b>	<b>W-B Barn</b>

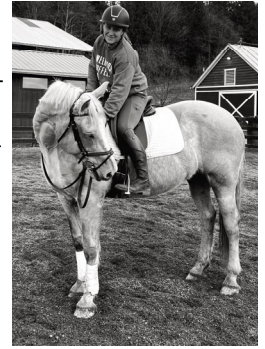
<b>12:30</b>	<b>LUNCH- Rowanne</b>	<b>Farewell</b>	<b>Cedar Lodge Dining Room</b>
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## 2024 Bios of our Gracious Presenters

**Aly Arnold** has been fortunate to have extensive experience with off the track thoroughbreds, driving horses and believes in a foundation in Dressage. She attended Wilson College in Pennsylvania and acquired two bachelor's degrees in Equine Studies (Equine Management Track) and Equine Facilitated Therapeutics. After college, she worked on a farm in Florida dedicated to breeding and training Trakehners, along with other Warmbloods. She worked alongside Grand Prix Dressage and Show Jumping Trainers during that time. She has had experience with training and starting horses, teaching lessons along with managing a farm in Maryland before moving to Washington.

**Saddle Fit: Horse & Rider**  
**Long Lining for Top Line Building**

**SAT 10:30**  
**SUN 11:00**



**Ren Bannerman** is a CHA Master Instructor and CHA Clinic Instructor for Standard and Combined Clinics. Ren has more than 35 years of experience showing, teaching, training, and managing facilities throughout the United States. Ren has gained experience in all aspects of the horse industry and has worked with some of the country's leading experts. Ren is the past President of Canyonview Equestrian College. He conducts private horsemanship clinics around the country.

**Different types of reins/reining**  
**Bits & Biting**  
**Teaching Lead Changes**

**FRI 9:00 AM**  
**SAT 1:00 PM**  
**SAT 4:00 PM**



**Tiata Burns** is a CHA Master Instructor in Western English and Jumping. She has been teaching since 2003. She is the owner of Burns Equine, in Moses Lake Washington, a full care horse boarding barn. She is a professional trainer that starts horses and has a horse lesson program where she instructs on a regular basis. She strives in these areas to build better communication and relationship between the Horse and rider. Tiata Burns also competes professionally in Dressage. She has grown up in 4H and has competed in a wide variety of disciplines western pleasure, trail, showmanship, driving, jumping, dressage, gaming, hunt seat and endurance riding.

**Dressage: Training Level**  
**Dressage: Level 3-4**

**FRI 4:00 PM**  
**SAT 2:30 PM**



**Teresa Carosella** has been loving and working with horses for more than 40 years. She was thrilled to certify as a CHA instructor in 2014, then provide riding lessons and day camps to local city kids until she joined the barn management team at Timberline Ranch in 2018. Now retired, she continues to serve as a volunteer at Timberline, mostly in developing teaching tools and barn classes for camps. She rides her grulla QH mare, Moon, up mountain trails and along rivers in the Fraser Valley, BC as often as possible.

**Using Games as a Teaching Aid**

**SAT 9:00 AM**

**Scott DePaolo** is a life long horseman and has worked in the Horse industry since 1982. He has had the opportunity to be part of multiple ranch's, programs and facilities. He is a CHA certified Horsemanship clinic instructor, Egala certified equine specialist, as well as a Maxwell performance coach. For the past 35 years he has run Butte Creek Scout Ranch at the ranch he manages 70 head of horses and put thousands of kids and their parents on horseback each year. Whether on the Ranch in the mountains, on the trail or in the arena, Scott is confident and competent, lifelong Horsemen. He has built multiple equine businesses and is currently working with Teddy Franky on Live Equestrian a online horsemanship platform! In his off time Scott enjoys training, bridle horses, starting and competing on mustangs, ranch roping both for work and competition as well as training horses for the public. The principles of natural horsemanship have been part of Scotts foundation sense the beginning and have prepared him well to both start young horses as well as in working with older ones. **10 things for starting a Training business** **SUN 9:30 AM**

**Building a training program for a young horse** **SUN 11:00 AM**



**Marnie Eddington** has been an instructor for 19 years. Stafford Hills Equitation is located in West Linn, Oregon where Marnie teaches riding and vaulting at a facility on her property. She has 2 passions in life, her family and her love of horses. Her husband and 4 children have always been supportive in helping her achieve her goals. She is a certified riding and vaulting instructor and loves the CHA organization and everything it has to offer!

**Breathing in Stride**

**FRI 10:30 AM**

**Rowanne Fairchild** was the Ranch Manager at Cascades Camp and Conference Center from 2014-2020. During her tenure, she made Cascades a CHA accredited site. She is a CHA certified EFM and ACI, Packing Guide, and level two English and Western Instructor. She is now the Community Services Program Manager for a non-profit agency that serves survivors of DV and SA.

**Emergency Procedures**  
**How to Run a Lesson Program for Camp**

**FRI 100 PM**  
**SAT 1:00 PM**



## 2024 Bios of our Gracious Presenters

**Teddy Franke** Teddy Franke is a lifelong horseman and equine educator with a passion for sharing his knowledge and skills with others. He and his family own and operate Mission Farrier School in Tygh Valley, Oregon, while also co-owning an online horsemanship and event program called Live Equestrian. Teddy holds five international certifications in horsemanship, including the title of CHA certified Master Instructor (MI) and Certifier. Teddy is an AQHA Professional Horseman, a TIP Trainer through the MHF, and a board member for the Certified Horsemanship Association. He takes great pride in developing up-and-coming horsemen and women. Born and raised in Alaska, Teddy now resides in Tygh Valley, Oregon, where he continues to share his faith and knowledge with others, guiding them on their journey to becoming accomplished equestrians.

**Surviving Laminitis**

**SAT 4:00 PM**

**Starting a Driving Horse**

**SUN 9:30 AM**

**Amy Fredrick** has been involved with the CHA horsemanship program since 1998. Amy fell in love with horses while participating in the CHA rider level program as a young camp staff. Her passion led her to pursue instructor certification. She is currently a certified CHA EWI level 2 instructor. Amy has had the privilege of working most of her horsemanship career at multiple horse camps across Western Canada. She currently works with Birch Bay Ranch in Sherwood Park, AB, where she formerly held the position of Barn Manager, but is currently responsible for the development and instruction of their beginner/intermediate lesson program. Amy is also a certified equine first aid instructor with Equi Health International. Her passion to educate fellow horse enthusiasts about the importance of being prepared for equine emergencies (both at home and on the trail) comes from real life experiences dealing with emergencies and teaching fellowworker to recognize and assess the situation at hand. Amy believes in being a life-long learner and is always striving to be the best rider and coach she can be. Amy enjoys trail riding with her family, English riding, and performing in a Western drill team with her horse Einstein.

**Basic First Aid**

**FRI 4:00 PM**

**Site Support for Certification**

**SAT 9:00 AM**

**Reinforcing Riding Skills through Drill**

**SUN 11:00 AM**

**Ty Fredrick** was blessed to become associated with CHA through Canyonview Equestrian College in 2001. He graduated and received his Master Instructor Certification in 2003 and was on staff at Canyonview through 2006. Marrying his best friend and fellow student Sarah in 2004, they ventured out into the horse business, running a horse camp in Maryland before landing as the on-site managers of a private horse property in Livingston, Montana where they remain. They also operate their own outreach/business dedicated to Discipleship through Horsemanship, called the Broke-N-Rode Ranch ( broke-n-roderanch.com). Along the way, 3 kids have joined the crew and they have been thoroughly blessed with good horses, good experiences and good opportunities from their great God and Savior.

**How to prep for CHA Clinic L1 & L2**

**9:00 AM**

**& Level 3/4 10:30 AM**

**Mindset to Making the Maneuver, the Release**

**SAT 2:30 PM**

**COWBOY CHURCH**

**SUN 8:30 AM**

**Greg Gill** has dedicated fifteen years to working with horses, thriving as a master instructor and an Assistant Clinic Instructor (ACI). Alongside managing his successful farrier business for seven years, he directed horsemanship programs at Warm Beach Camp for seven rewarding years. Currently, Greg proudly continues his journey as the Horsemanship Director at Camp Morrow. Beyond his equestrian pursuits, he cherishes his role as a husband to an incredible wife and a father to two lively boys."

**Pre Ride Check list/after you swing a leg over check list**

**SAT 9:00AM**

**A farriers approach to a pre purchase exam**

**SAT 2:30**

**Group Games for your back pocket**

**SUN 9:30 AM**

**Angela Greenshields** is based out of Green Anchors Ranch in Fall City, Washington. She specializes in building strong foundations from the ground up, and loves the challenge of creating all around horses and riders. Angela is a goal oriented instructor and has a small team that show PtHA and APHA in In-hand, Showmanship, English, Western, Ranch, Driving, and trail events.

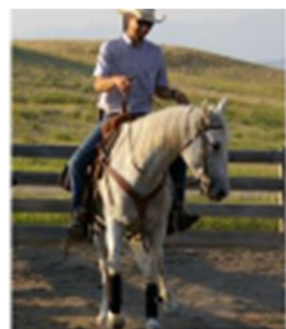
**Trust Building Under Saddle**

**FRI 9:00 AM**

**Dr. Julie Habighorst** was born and raised in Virginia. She grew up riding hunter jumpers and competed on an IHSA team throughout college. She graduated from Hollins University with a Bachelor's in Biology. She then obtained her Doctorate of Veterinary Medicine through Ross University and spent her clinical year at Auburn University. After graduation, she completed an internship at Piedmont Equine Associates in Madison, GA. Dr. Habighorst's professional interests include reproduction, neonatal care, preventative wellness, and lameness.

**Equine Metabolic Disease & Cushings**

**FRI 2:30 PM**





## 2024 Bios of our Gracious Presenters

**Holly Haeger** got her start as a professional horseperson over 30 years ago through summer camps. Her career began in a CHA program and continued by attending her first CHA certification in the mid-90s. Holly has a master's degree in Teaching Techniques and began her teaching career in an alternative high school as an English teacher. Most days after work she taught private lessons in her lesson business where she also helped initiate and sustain a Pony Club with USPC, coached a USEA group of young riders, and worked with clients who came to her for help with "basic dressage" to help with other disciplines. She is presently an EWI AC for CHA and the Idaho state Representative for CHA Region 1.

**Educated Eye: Theory & Biomechanics I**  
**Better Horses and Riders through Transitions**  
**Educated Eye: Theory & Biomechanics II**

**FRI 9:00 AM UNMOUNTED**  
**FRI 4:00 PM**  
**SAT 4:00 PM MOUNTED**



**Debbie Holmes** is an instructor and former Program Director for The Foundation of Southern Oregon. Prior to moving to Southern Oregon, she was an instructor for Horses with Heart in Chino Valley, AZ and Arizona State University's therapeutic riding program. Her background includes teaching riders with cognitive and physical disabilities, at-risk youth, and able body riders. Her professional certifications include: CHA Master Instructor and Certifier in Western, English, and Jumping; CHA Master Instructor and Certifier for Instructors for Riders with Disabilities; CHA Regional Triad Director for Region 1; PATH CTRI, Equine Specialist, and Mentor; Her focus is preparing new instructors for certification and providing support for those starting new adaptive riding centers.

**Intro to CHA and The Certification process**

**FRI 10:30 AM**



**Casey Hufstader** is the owner/operator of CH Packstring out of Elmira, OR. Casey runs a mule string throughout the Cascades and western United States, often working in conjunction with the US Forest Service on government packing contracts. He also trains mules, as well as instructs pack clinics both in the US and abroad. Casey brings you 40 years of hands-on packing experience as well as knowledge that has been passed down from generation to generation, yet he remains at the forefront of the packing industry by serving as the head of research & development for Outfitters Pack Station, the leading manufacturer of packing gear & equipment. Casey is an Assistant Certifier

**Packing 101 types of saddles, throwing hitches** **FRI 9:00 AM**  
**Packing 102 - Packing Manties and panniers** **FRI 4:00 PM**  
**Packing 103 - Packing food - Setting up camp** **SAT 2:30 PM**  
**Packing 202 - Packing non-uniform loads** **SUN 9:30 AM**



**Thain Irwin** has been a Level 3 Certified Packing Guide since 2019. Thain started his horsemanship journey in 2011 and joined the equine industry in 2015. Thain has spent 12 years working at Butte Creek Scout Ranch. He has worked as a Wrangler, Asst. Head Wrangler, and Head Wrangler at Butte Creek Scout Ranch's Summer Program. Thain then started expanding and learning more advanced packing skills from Casey Hufstader. He has been packing with Casey for the last 4 years. Thain also has been operating a Farrier, Horse Training, & Custom Tack and Saddle Repair business since 2016.

**Packing 101 types of saddles, throwing hitches** **FRI 9:00 AM**  
**Packing 102 - Packing Manties and panniers** **FRI 4:00 PM**  
**Packing 103 - Packing food - Setting up camp** **SAT 2:30 PM**  
**Packing 202 - Packing non-uniform loads** **SUN 9:30 AM**



**Shelby James**—equestrian vaulting, dressage, and collegiate rowing made her fascinated in how the human body moves and functions. This led her to get her Master's in Athletic Training and become a Certified Strength and Conditioning Specialist. Shelby now utilizes her knowledge to help equestrians and non-equestrians become better movers, as she has seen how this helps people live better and happier lives, benefit the health and happiness of our horses, and improve performance in all aspects. She currently teaches riding lessons at Warm Beach Camp and works as an Athletic Trainer at Boeing.

**Adaptive Vaulting**

**FRI 2:30 PM**





## 2024 Bios of our Gracious Presenters

**Michal Kays** has been involved with CHA since 1978 in a variety of positions. She was a past board member, Program Director and Manual Editor. She is currently an English Western Certifier and Site Visitor. She has worked in the camping horse industry for 14 years and the private horse industry for 26 years as a Traveling Riding Instructor. She thoroughly enjoys teaching all ages and disciplines, and has been involved with WAHSET, Pony Club, and 4H over the years. Presently, along with her husband Tom, Michal runs Moving Images NW, a personal video company, that specializes in recording live horse events. You can see many of their videos on CHA's website - CHA Horsemanship Videos

**Developing Lateral Movements**

**SAT 1:00 PM**



**Tom Kays** has been involved in CHA since the '70s, when he was in Region 2 (when living in Canada) and Region 1 since 1989. He is a CHA Master Instructor and Certifier for English and Western Instructors and Combined Arena/Trail Certifications and Trail. He resides in WA State along with his wife where he is a farrier and Video Manager for their video business, MovingImagesNW (a video company that specializes in horse related activities). MovingImagesNW produces the Safety Shorts for CHA that are accessible for all horse programs to display. They also produced the CHA DVDs available here this weekend to purchase

**Knot Tying**

**SAT 9:00 AM**



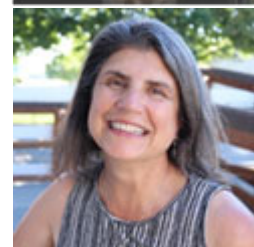
**Cynthia MacFarlan's** love of animals and therapeutic skills led her to form Therapeutic Riding of Tri-Cities (TROT), the first nonprofit therapeutic riding facility in SE Washington State. With the help of her benefactor Dr. Lawrence Dubose and the support of her husband and daughter, Mrs. MacFarlan launched TROT, in 2014. Since then, hundreds of people have donated resources, talents and time to make TROT a reality. Mrs. MacFarlan's biggest reward has been watching her dream unfold and grow into something that is helping to change lives and bring joy to those involved in the organization. Cynthia has certifications with both Certified Horsemanship Association (CHA) and the American Hippotherapy Association (AHA). She is also a member of the Professional Association of Therapeutic Horsemanship International (PATH Intl.)

**Starting an Adaptive Riding Program FRI 4:00 PM**

**Jeff Martin** along with his beautiful wife have been operating and managing Good News Riding Centre in northern Alberta for over 30 years. Currently certified at level 3 in English and western as well as a centered riding instructor level 2. But my proudest feeling is being a volunteer leader in our 4H horse club for the past 22 years

**Centered Riding**

**SAT 4:00 PM UNMOUNTED**



**Jennifer Mayberry** grew up in a CHA based riding program and has been a certified riding instructor since she was 18. She has her Master of Science in Ruminant Nutrition and is a graduate of Canyonview Equestrian College. She has been an English Western Instructor Assistant Certifier since 2009 and loves to guide riders and instructors as they grow in their respective skill sets. Jenn has had the opportunity to instruct and teach at Oregon State University, University of Nebraska, and Canyonview Equestrian College and has a heart for college students. Jenn was recently EFM certified.

**Keeping Lesson Horses Engaged & Working through Bad Habits**

**SAT 10:30 AM**

**Phil Peterson** and his wonderful wife Lisa reside in Ritzville, Washington. He is currently CHA Master Instructor and Certifier for English and Western Instructors, Pack & Trail, Combined Arena/Trail Certifications, Driving and EFM. Phil is a Site Visitor Trainer as well. Phil has been a member of CHA since 1980 He has served on the research and development committee, Standards/Accreditation Committee, and Treasurer for a total of 12 years on the Board of Directors. His experience includes 30 years in youth camp management, most recently at Miracle Ranch in Port Orchard, WA. Phil serves on the **Region 1 Director Triad as the Mentor Director** for 2022-23 So thankful **Lisa** is in charge of our Silent Auction!! Thanks Lisa!

<b>How to prep for CHA Clinic L1 &amp; L2</b>	<b>SAT 9:00 AM</b>	<b>&amp; Level 3/4 10:30 AM</b>
<b>Trailing Safety</b>	<b>SAT 2:30PM</b>	
<b>Prepping for EFM certification</b>	<b>SUN 9:30 AM</b>	



**Dr Viveka Rannala** Viveka obtained her Bachelor of Science from the University of Guelph before being accepted into the Ontario Veterinary College, one of the oldest veterinary schools in North America. After graduation, she completed a one-year equine internship at Peninsula Equine Medical Center in Menlo Park, California. Her career interests include [wellness](#), [reproduction](#), and [lameness](#).

**Acupuncture**

**FRI 10:30 AM**



## 2024 Bios of our Gracious Presenters

**Kathy Reimer** is a master instructor who has been involved in the horse program at Timberline Ranch for 35 years. She enjoys using creative games and activities to make learning fun!

**Using Games as a Teaching Aid**

**SAT 9:00 AM**



**Meg Rudy** comes from a United States Pony Club background where I rated through C-2, I also competed as a three-day eventer with area VII Young Riders. After working as an instructor in a hunter jumper barn and a stable manager in a Dressage barn in Maryland, I sought CHA certification as an instructor working with a horsemanship program in a summer camp. I am now a level 4 English instructor and the Assistant Director of Warm Beach Horsemanship

**Building a Conditioning Program**

**FRI 2:30 PM**

**Incorporating Pony Club in your program** **SUN 11:00 AM**



**Sherilyn Sander** has been a certified CHA instructor since 1989 at Miracle Ranch. She knew from that very first clinic she would become a CHA certifier one day. She achieved that goal in 1997. 2002-2006 she served on the Board of CHA and was CHA Vice President for a term. Sherilyn is a Master Instructor and Certifier for English and Western Instructors and Combined Arena/Trail Certifications. She is also a CHA Accredited Site Visitor. Sherilyn is a 1998 graduate of Canyonview Equestrian College (CEC) and then joyfully served at CEC as Dean of Students for 16 years. She now serves as our Oregon State Representative.

**Simplifying Lead Changes**

**FRI 2:30PM**



**Lisa Tremain** In 2016, Lisa began serving as the Warm Beach Horsemanship Director. Lisa grew up in New Zealand where she rode competitively in Eventing and Dressage. Lisa is certified through the United States Pony Club (USPC) and Certified Horsemanship Association (CHA); she was awarded the CHA Region 1 Instructor of the Year Award in 2021. Her priority is to teach students how to work in harmony with horses, communicating effectively to realize their joint potential. Lisa believes horses provide the perfect opportunity for riders to experience the hope and acceptance of God's unconditional love and strives to cultivate an environment where this can be fostered.

**BARN TOUR**

**FRI 9:00 AM**

**Jumping Exercises**

**FRI 1:00PM**

**Running a Horse Ministry**

**SAT 10:30 AM**

**Jumping a Course**

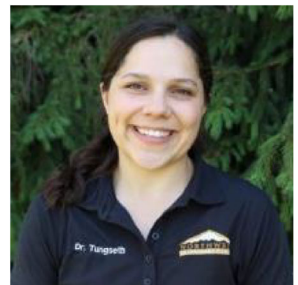
**SAT 1:00 PM**



**Dr Clare Tungseth** graduated with a Bachelors of Science from Colorado State University and obtained her veterinary degree from Kansas State University College of Veterinary Medicine. During her time at Colorado State, she competitively showed on the Collegiate Hunter Jumper Team and completed an equine neonate internship at Hagyard Equine Medical Center in Kentucky. Claire completed a rotating internship at a 14-doctor referral practice called Rhinebeck Equine. She gained invaluable experience during her internship in sports medicine, multi-limb lameness, and ultrasound. Following her internship, she worked at an Equine referral practice called Brandon Equine Medical Center for several years in sunny Florida. Claire joined the Equine Team at Northwest Veterinary Clinic in July 2017. Her professional interests include sports medicine, diagnostics, regenerative therapies, and dentistry.

**Dental Maintenance**

**FRI 1:00 PM**



**Cindy Waslewsky** graduated from Stanford University -Varsity Gymnastics and Ski Teams. BA Human Biology in '82, Christian Studies at Regent College, a seminary in Vancouver. BC teachers' certification from The University of British Columbia in '84, taught in Squamish. NCCP level II gymnastics coach, home schooled and ran the 4-season Resort we built in Squamish BC. CHA certified English and Western level 4. I strive to improve teaching and fostering positive experiences with horses and riders at our urban ranch in Aldergrove, BC

**MORNING STRETCHING**

**6:45 AM FRI, SAT, SUN**

**How Correct Position & Aids Influence the Horse**

**FRI 1:00 PM**





# CHA INTERNATIONAL CONFERENCE

@  
TEXAS  
A&M  
UNIVERSITY



OCTOBER 2024  
COLLEGE STATION, TEXAS

Thomas G. Hildebrand DVM '56 Equine Complex

AGGIE CORE VALUES: EXCELLENCE - INTEGRITY - LEADERSHIP - LOYALTY - RESPECT - SELFLESS

CERTIFIED HORSEMANSHIP ASSOCIATION  
ANNUAL INTERNATIONAL CONFERENCE

OCTOBER 31-  
NOVEMBER 2,  
2024

Texas A&M  
University  
College Station  
TX

## CHA Online Silent Auction



Please support the CHA Scholarship Fund!

- Donate products or services
- Join the auction and bid up on items
- Share the live auction link with everyone you know!

**DONATE • BID • SHARE**

**Fun Fact:** *If you or your horse are selected for an award  
Region 1 Pays for your international conference fees!  
Another good reason to nominate your favorite  
instructor or school horse!*





Region 1 Conference  
*hosted at*  
Miracle Ranch  
Port Orchard, WA  
February 27-March 2  
**2025**



**Miracle  
Ranch**

